

COACHING GAINS

Jam Coaching

www.jamcoaching.co.uk



Employee Gains

- Better self awareness and self-reflection
- Increased individual performance
- Higher motivation and commitment
- Better leadership skills
- Personal growth
- High quality of life/ work-life balance
- Clarity in purpose and meaning
- Better management of change processes
- Improved communication and relationships
- Efficient implementation of acquired skills

Business Benefits

Coaching is an uniquely individualised developmental activity that can have a significant impact upon the performance of your organisation. Coaching has demonstrable benefits for the individual, the team, and the organisation.

Coaching encourages an open and productive culture, realising the learning organisation and providing a targeted and sustainable form of learning and development

It leads to improved productivity and effectiveness through increased employee motivation and satisfaction. Coaching has also been shown to reduce costs due to improved employee retention and reductions in employee absence.

Return on Investment

The growth in the use of coaching within organisations has led to a number of studies examining the bottom-line benefits of coaching. Such studies have reported financial gains in productivity, retention and efficiencies of between 5 and 6 times the initial investment.

The Evidence

Research has shown that coaching is maximally effective when it's linked with business objectives and there is a good chemistry between the coach and coachee. This is why Jam Coaching offers an initial, no obligation discussion with all clients to assess your needs and agree a coaching programme.



Contact Us

For a no obligation consultation please contact us to find out how we can help your organisation.

Telephone
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Email
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Visit us on the web
www.jamcoaching.co.uk

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Line Managers

Line Managers and team members of individuals who have worked with a business coach also report great benefits that include:

- Higher motivation
- Improved team efficiency and performance
- Clearer vision development and objectives
- Improved team spirit and conflict management
- Better communication and relationships
- Unleashing team potential.

Team Coaching

Coaching can also be delivered at a team-level as part of team development intervention. Team coaching gets to through root of team difficulties and provides fast results that last.